OFFICE OF HEALTH PROFESSIONS ADVISING

MONTANA COLLEGE OF OSTEOPATHIC MEDICINE

Come learn about the new medical school in Billings, MT and meet their admissions team (Jaime, Director of Admissions and Jarred, Admissions Counselor).

The informational session at 5:30pm will include the Assistant Dean of Preclinical Education and Associate Dean of Student Affairs.

DROP-IN FROM 2 TO 5 PM - LJH 310
PRESENTATION AT 5:30 PM - ROMNEY 236
SEPTEMBER 26, 2022 | HPA@MONTANA.EDU
Montana State AGC Student Chapter

The Montana State AGC (Associated General Contractors) Club is having our second meeting of the Fall 2022 Semester to prepare for the resume workshop and career fair.

Meeting Information:

When: Tuesday, Sept. 27th, 2022

Location: COB Hall, Room 429

Time: 5:00 PM

For any questions, please contact one of the following:

President – Luke Greenslade
- 1.greenslade72@gmail.com OR (503)-753-4838

Faculty Advisor – Bret Martin
- bret.martin@montana.edu

Benefits of the AGC STUDENT CHAPTER

Networking Opportunities

One-on-One Interaction with Industry Leaders

Scholarship Consideration

Service Opportunities Pertaining to Construction

Jobsite Tours of Unique Construction Projects with Local Contractors
Fall 2022 AGC Student Chapter Timeline:

September 1st – NACOE Welcome Back BBQ 11:30-1:30

September 6th – First Meeting of the Semester. 5:00pm Cobleigh, Rm. 429

September 17th – Rotary Club Fix-Up Event. 8:00am

September 27th – AGC Club Meeting. 5:00pm Cobleigh, Rm. 429

October 4th – Resume Builder and C.E Mixer. NAH, Rm. 137

October 4th – 7th – Fall 2022 Career Fair. SUB Ballrooms.

Other Potential Activities:

- Big Sky Tram Project Job-walk – Condon Johnson

- New Student Health Center Job-walk – Jackson Contractors
Engineers Without Borders @ MSU presents:

JUBILEE 2022

Dinner, live music, & auctions in support of developing communities in Khwisero, Kenya.

October 15th, 5:30 pm
Emerson Center for the Arts & Culture
111 S. Grand Ave.
Bozeman, MT 59715

RSVP at ewbmsu.org/Jubilee
McNair Scholars PROGRAM
Preparing undergraduates for success in graduate education

ARE YOU...
- The first in your family to complete a four-year degree and low income?
- Or have an underrepresented ethnic/racial background?
If "YES," you may be eligible

PROGRAM HIGHLIGHTS

Workshops and Seminars on Graduate Record Examinations (GRE) preparation, graduate school prep, and much more

Paid Travel to present at research conferences and to visit graduate schools

$2,800+ Research Stipend each summer for conducting research

3-credit summer tuition waiver with food and room/board allowance

APPLICATION DEADLINE:
Last Friday in October
Learn more: montana.edu/mcnair/
BIG IDEA Challenge 2022

Pitch your best idea for a chance to win $10,000 in awards!

Submit Deadline: Sunday, Oct. 9th

Find out more and apply at: montana.edu/launchpad

Questions at: info@msulaunchpad.org
Keys to a Successful Mentorship: How To Be a Great Mentee/Mentor?

This article includes material from Forbes articles titled ‘Career Challenge: Build Stronger Relationships in 15 Days’ and Forbes ‘Mentoring Matter: Three Essential Elements of Success’

What makes a good mentor?

A good mentor needs to be more than just a successful individual. A good mentor must have the disposition and desire to develop other people. It requires a willingness to reflect on and share one’s own experiences, including one’s failures. Great mentors must be able to both “talk the talk” and “walk the walk.”

- A desire to develop and help others. A good mentor is sincerely interested in helping someone else without any “official” reward. Good mentors do it because they genuinely want to see someone else succeed.
- The ability and availability to commit real time and energy to the mentoring relationship. Good intentions aren’t enough—mentoring takes time!
- Current and relevant industry or organizational knowledge, expertise, and/or skills. The best mentors have deep knowledge in an area that the mentee wishes to develop.
- A willingness to share failures and personal experiences. Mentors need to share both their “how I did it right” and their “how I did it wrong” stories. Both experiences provide valuable opportunities for learning. Be willing to be vulnerable.
- A growth mindset and learning attitude. The best teachers have always been and always will be those who remain curious learners themselves. Would you rather be advised by someone whose mind is shut because he knows it all or by someone whose mind is open because she is always looking to deepen her knowledge?

What makes a good mentee?

Just as there are specific characteristics of a successful mentor, there are attributes and sensibilities that make for a good mentee. This is important, because mentees must remember that mentors are doing this from the goodness of their heart, so being a good mentee is the best way to ensure the relationship enjoys a healthy purposeful existence.

- Committed to expanding their capabilities and focused on achieving professional results.
- Clear about their career goals, needs, and wants. Mentoring isn’t therapy where one just rambles aimlessly. Mentees are responsible for creating the mentoring agenda, so they must be clear about what they hope to get from mentoring.
• Willing to ask for help, show vulnerability, and explore different paths and perspectives. Mentees must be open and receptive to learning and trying new ideas. No mentor wants to advise someone who isn’t open to learning.
• Able to seek and accept feedback—even the “constructive” kind—and act upon it.
• Be personally responsible and accountable. Mentors want to see movement and growth. If you say you are going to do something, then do it! Sitting on the sidelines in a mentoring relationship is not going to work.

Best Practices for Mentors and Mentees

1. Come to each meeting with a prepared agenda.

Demonstrate to your mentor or mentee that you are not just phoning it in. Come to each meeting or scheduled phone call with a few items you’d like to discuss during your time together. You can adjust the agenda as you go.

2. Design a cadence for your meetings; for example:
   • Conduct/ response times
   • Medium for meetings (e.g. In-Person, Skype)
   • Confidentially: Should any materials/topics not be shared?
   • Focus: Setting any necessary parameter/boundaries
   • Expectations of 1:1 feedback

3. Be respectful of each other’s time.

It’s important to note that neither mentees nor mentors get paid for their time. Resist the temptation to blow off a scheduled meeting because a "better offer" just came along. Be succinct in your communication, and before you pick up the phone, think through exactly what you want to say. Whenever possible, avoid giving background information. If someone needs more information, they’ll ask.

4. Manage the relationship.

Both mentees and mentors must play a role in managing their relationship. Each must take responsibility for building a rapport and moving things forward. Neither can stand on ceremony waiting for the other person to make the first move.

5. Look for ways to help your mentor or mentee outside of your formal relationship.

The mentoring experience centers around relationships. If you see an opportunity to assist your mentee or mentor outside of your formal relationship, then do so. For example, suppose your mentor has shared with you that their daughter is looking at the
same college you attended. Volunteer to speak with her about your experience and connect her to others you know at the university who can be of help to her.

6. **Set positive and realistic expectations.**

Hollywood has done a disservice to mentees and mentors. In movies like *Star Wars: The Empire Strikes Back*, Yoda seems to always be there when Luke Skywalker needs him most. That’s not how it is in real life. A mentee and mentor must agree on the terms of their relationship. For example, can a mentee pick up the phone at any time of the day and seek advice, or is there an established time set aside for checking in?

7. **Get to know each other.**

A mentoring relationship is like any other relationship—it takes time to develop. And like other relationships, it will grow faster and stronger if both parties take the time to get to know each other as *people*. Resist the temptation to dive head first into career problem solving and advising. The relationship should be more than just a transactional source of what you want, or your stepping stone to something else; approach the Mentorship from the perspective of what you can offer the other party. Build trust by *truly* learning about each other!

8. **Reflect and evaluate.**

Every few meetings, one (or both) of the parties should ask: “How is this going for you? What’s been helpful? What hasn’t? What could I do differently to make this a more rewarding experience?” Initiating evaluative conversations will keep the relationship working for both of you. Remember that at the end of the day, a professional connection is just another kind of friendship – don’t network out of need or for now, but for life!

This article includes material from Forbes articles titled ‘*Career Challenge: Build Stronger Relationships In 15 Days*’ and Forbes ‘*Mentoring Matter: Three Essential Elements of Success*’

**References**


The Master of Science in Innovation and Management (MSIM) is a 30-credit, non-thesis one-year graduate program open to all degree backgrounds, and especially helpful for recent Engineering and STEM (Science, Technology, Engineering, & Mathematics) graduates, with most students enrolling immediately following their undergraduate degree and others with 1-3 years of work experience. The goal of the program is to provide early-stage professionals with a set of skills that will enable them to be more effective leaders, innovators, and team members in their respective careers.

PROGRAM DETAILS
Students in this program will be utilizing a cohort model with all courses taught in Jabs Hall 207, the Risa K. Scott Collaboration Lab. Students currently have to complete the degree in two semesters.

Courses emphasize subjects that include:
- Strategy
- Leadership and Management
- Product Development and Innovation
- Finance and Capital Raising
- Business Law
- Marketing, Branding, and Communication
- Professional Development and more...

“So far, my time spent in the MSIM program has been the most transformative experience. I have learned how to be an impactful leader and develop my innovation & problem-solving skills. We take the time to identify our true passions and learn how to apply them to our professional careers. Every day our professors and classmates push one another to reach our potential. This program has given me the confidence to tackle my future with enthusiasm and gusto. I already feel prepared and optimistic about what’s to come from this.

I chose to apply for the MSIM program because I wanted to immerse myself in an environment of ambition, creativity, and critical thinking. There was no better choice than MSIM to help me grow personally and professionally. I remember walking into class on the first day nervous and intimidated. I had no idea what I was getting myself into. Little did I know I was about to meet the most incredible classmates, professors, and community members; and grow into being somebody I can be truly proud of.”

- Ahna Kreitinger, MSIM student

Channel innovation, become an effective leader, and enhance your entrepreneurial mindset with Montana State University’s Master of Science in Innovation and Management program.
ADMISSION
Admission to the program requires a review of the individual's complete set of application materials by the Jake Jabs College of Business & Entrepreneurship (Jabs College) and acceptance to the university by The Graduate School after the recommendation for admission is reached by the College. Students interested in applying to the MSIM program must complete and submit an online Application for Graduate Admission. All documents required below need to be submitted through The Graduate School website. Please visit www.montana.edu/gradschool/admissions/apply.html to apply. The following documents are required in order for your application to be considered complete and eligible for review:

ADMISSION REQUIREMENTS
• Application and application fee
• Official transcripts
• Two letters of recommendation.
• 500-1,000 word essay about your motivations for entering the program
• Students will be interviewed either in-person or via a virtual platform
• International students must also submit official TOEFL or IELTS scores, financial certificate with supporting documents, and degree certificates.

PROGRAM STRUCTURE
Fall Semester: 15 credits taught within the cohort model.
Spring Semester: 15 credits taught within the cohort model.

REQUIRED MSIM COURSES
Fall Semester:
New Product Innovation I
Finance for High Tech Ventures
Innovation & Tech Strategy & Management
Leading for Impact
Innovation Sprint I
Professional Development I

Spring Semester:
Applied Data Science
Business Law, Government, Society & Ethics
Innovation Sprint II
Marketing, Branding, and Communications
New Product Innovation II
Professional Development II

This program is specifically designed to help students become leaders, influencers, and impactors across the spectrum of their life experiences through not only the skills gained but through introspective analysis, abundant networking, and a growth mindset that pulls them ahead of their peers in all areas.

"The MSIM program has pushed me out of my comfort zone and grown me in so many ways. It has offered unique experiences, including amazing guest speakers and networking events, which provide a variety of different perspectives and food for thought. The cohort model has also been extremely valuable, pushing us in group work and growing each of us as leaders.”

- Austin Hull, MSIM student

"This Masters’s program is going to be a game-changer for our STEM students entering the workforce. It is essentially a one-year MBA that rounds out the students’ 5 years at MSU to bring the necessities of understanding business and how they operate and scale successfully.”

- Julie Scates, MSIM instructor and President & Founder of J2T Recruiting

COURSE DESCRIPTIONS

Students have access to area business leaders, entrepreneurs, and other resources.

Learn in a collaborative and team-oriented setting with flexible classroom design and ample work space.

On-site visits to learn first-hand about organizational culture, business operations, and leadership.
TUNNEL & NAH TOUR
SEP. 29TH @ 4:00PM
RSVP FOR MORE INFO
Learn what it takes to thrive in the construction industry from three professionals at successful businesses, including the winning company from MSU'S $50K Venture Competition.

NICK VAN TIGHAM, PROJECT DEVELOPMENT DIRECTOR AT JACKSON CONTRACTOR GROUP
Prominent regional general contractor throughout seven states

HANNAH VAN WETTER, CEO AND CO-FOUNDER OF FOOTHOLD
Maker of sustainable and affordable prefabricated homes in SW Montana

EUGENE GRAF, PRESIDENT/CEO OF EG CONSTRUCTION
Family business that has designed and built custom homes for over 15 years

WEDNESDAY, SEPT 28
JABS 111 | 5:00-6:00PM

MONTANA STATE UNIVERSITY JAKE JABS COLLEGE OF BUSINESS & ENTREPRENEURSHIP Blackstone LaunchPad
Fluke College Mentorship Program

Program Summary:

Fluke is committed to giving back, we believe that investing in our local communities is key to keeping our world up and running. With this in mind, Fluke Accelerate (FXL), an employee organization within Fluke, is creating the Fluke College Mentorship Program to help the next generation achieve their full potential!

Fluke’s mentorship program is designed to target junior and senior students and will correspond to the academic school year. As part of this free program, mentees are matched with their best suited mentor for a 1 semester/quarter term, where they meet at least once a month to discuss anything from career insights to personal goals and development.

Through the Fluke College Mentorship Program, college students will have opportunities to receive career advice, gain valuable insights on what career progression look like at a professional workplace, as well as build lasting relationships with mentors and other professionals at a world-class company.

How to Apply:

Students will need to fill out this online application to apply. The Fall 2022 Application Deadline is October 10th, 2022.

Renewal:

There are currently two opportunities to enroll annually, in the Fall and in the Spring. If the student is currently enrolled in the program, he/she will have an opportunity to renew with their mentor at the end of the program’s term. If he/she wishes to change mentors, they must re-apply into the program through Fluke’s online application.

Timeline:

Monthly mentorship meetings will begin in October for the Fall 2022 term and end in December 2022.

If you have any questions about this program, please email Alex Laning (alex.laning@fluke.com) or Kim Cipollina (kim.cipollina@fluke.com)
Did you know...
Wellness coaching empowers students to THRIVE instead of just survive?

Move the dial with wellness coaching.

Wellness coaching through the MSU Office of Health Advancement can help students who are seeking balance, self-care, stress management, motivation, energy or direction. Coaching is free to full time students!

Making an appointment is easy: call or email us and say “I’d like an appointment with a wellness coach.” We can’t wait to hear from you!

406–994–2311
ohawellness@montana.edu
montana.edu/oha